Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Sunday 10 Jul 2022 until 23:59 on Monday 11 Jul 2022

Forecast Issued on Saturday 09 Jul 2022 at 11:44 by Met Office Aberdeen

Confidence: High for the weekend and Monday. High for a turn to more unsettled conditions and a cooler trend from Tuesday, but low for timing of any rain Tuesday and extent of any cloud breaks Wednesday and Thursday.

Headline for Sunday 10 Jul 2022: Low cloud clearing to a warm and sunny day.

Mountain weather hazards on Sunday 10 Jul 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Sunny intervals	Sunny	Sunny	Sunny	Sunny	Partly cloudy (night)
Precipitation probability							
20%	20%	20%	10%	<05%	<05%	<05%	<05%

Forecast for Sunday 10 Jul 2022

Weather: Low cloud through the early hours with some patchy light drizzle near the west coast. This clears from eastern hills around dawn. In the west, low cloud in the glens at first, but munro tops above the cloud. The cloud burning back to the coast by mid-morning to leave a dry warm and sunny day, although some cloud lingering across the isles and some coastal fringes. Dry overnight with thin high cloud at times.

Chance of cloud-free hill tops above 800m: 85%

Low cloud and visibility: Very good outside any patchy low cloud. Patchy low cloud in glens around dawn, but tops above 800m above the cloud. Cloud becoming confined to the west coast by mid-morning.

Check our weather forecast every day to get the most accurate and up to date information
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Met Office Mountain Weather Forecast

Forecast for Sunday 10 Jul 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	18/24 W	17/23 SW	15/21 SW	15/21 SW	14/21 SW	13/19 SW	14/20 SW	17/23 S	21/27 S
900	17/23 W	17/23 SW	15/21 SW	15/21 SW	13/20 SW	12/18 SW	14/20 SW	16/21 S	19/25 S
600	14/19 SW	14/20 SW	13/19 SW	13/19 SW	12/19 SW	10/17 SW	12/18 SW	10/15 S	12/18 S
300	5/18 W	5/18 W	4/15 SW	5/15 SW	6/16 SW	5/15 SW	6/16 SW	3/13 S	3/15 S
Glen	6/12 W	7/12 W	6/11 SW	8/13 W	10/16 W	8/14 SW	8/14 SW	3/8 SW	3/8 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	7/3	6/2	6/2	8/4	10/7	11/9	11/9	11/7	9/6
900	8/4	7/3	7/3	8/4	10/7	12/10	12/9	11/8	10/6
600	9/6	9/6	8/5	10/7	12/10	14/12	14/11	12/10	12/9
300	11/10	10/9	10/10	13/12	16/15	17/16	16/15	13/13	13/12
Glen	13/12	12/11	12/11	14/13	17/15	17/16	17/16	15/15	15/14
Freezing Level*	2900m	2600m	2600m	2400m	2400m	2400m	2400m	2400m	2600m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Strong UV will give a high risk of sunburn.

Forecast for Monday 11 Jul 2022

Weather: A dry bright but overcast day. Some patchy cloud may affect the lower slopes of Cuillins at times in the morning. This lifting and breaking up by mid-morning, leaving mainly high cloud in the afternoon. Winds strengthening through the day. Low cloud and rain may spread into the west coast overnight with summit gales.

Maximum wind: South-southwest 20 gusting 30 mph, increasing to 30 gusting 40-45 mph by evening, perhaps 50 mph after dark.

Chance of cloud-free hill tops above 800m: 60% along the west coast, 90% further east.

Low cloud and visibility: Very good visibility. Some patchy cloud on lower slopes of the Cuillins at first, but this dispersing by mid-morning to leave hills cloud free. Extensive low cloud may spread into west coast overnight.

Temperature: **Glens:** Plus 9 Celsius rising to 21 Celsius
At 800m: Plus 12 Celsius rising to 16 Celsius
Freezing level: Above the summits.

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